



# BE READY TO LEARN AT HOME



## ST FRANCIS OF ASSISI CPS CHILDREN

### FOCUS YOUR MIND

- Wake up with enough time to get ready and have breakfast.
  - Say good morning to your family.
- Brush your teeth, get changed and be ready to check-in with your teacher by 8:40am.
  - K-3 check in attendance via SeeSaw. Year 4-6 check in attendance via Teams.

### YOUR SPACE

- Your learning space should be tidy, comfortable and as quiet as possible.
- Be respectful of shared spaces.
- If using your device, always be respectful of our ICT Code of Conduct.

### YOUR CLOTHING

- Dress in neat casual clothes.
- DO NOT wear pyjamas.

### EQUIPMENT

- Have your iPad/device charged, ready and logged in.
- Test apps to make sure they are working.
- Have a pencil and some paper or a pad/book ready.
- Use headphones if possible.

### ETIQUETTE

- Be polite, appropriate and respectful in your language online as you would in person.
- When in calls/meetings turn off your microphone until required.
- Avoid distractions like siblings, pets and background noises.

### BE HEALTHY

- Drink at plenty of water each day.
- Take breaks every 45-60 minutes
- Have recess and lunch, eating healthy food.
- Make time to go outside and play – either sport or free play.

### BE PRODUCTIVE

- Manage your time - use it for learning.
- Submit work when required.
- Spend time revising any items you don't understand and ask questions.
- Message Teachers via Teams (4-6) or use SeeSaw (K-3) if you don't understand something.
- Listen to your parents directions.

*Maintain your school routine and schedule as best possible, allowing for appropriate brain breaks and play times.*